

Zovia® Gold

Multivitamin-Multimineral

Description

This is a comprehensive well-balanced formulation comprising of important vitamins and minerals especially designed to improve the nutritional status of the individuals. This preparation maintains a healthy body and active life-style.

Mode of action

This is a film coated tablet, which contains 32 high potency vitamins and minerals. This preparation maintains a healthy body and active life-style.

Pharmacokinetics

Following oral administration, it rapidly released and well absorbed from the gastrointestinal tract, rapidly metabolized & excreted in the urine.

Composition

Vitamin A 5000 IU, Vitamin C 60 mg, Vitamin D 400 IU, Vitamin E 30 IU, Vitamin K 25 mcg, Vitamin B1 (Thiamine) 1.5 mg, Vitamin B2 (Riboflavin) 1.7 mg, Vitamin B3 (Niacin) 20 mg, Vitamin B6 (Pyridoxine) 2 mg, Folic acid 400 mcg, Biotin 30 mcg, Pantothenic Acid 10 mg, Calcium 162 mg, Iron 18 mg, Phosphorous 109 mg, Iodine 150 mcg, Magnesium 100 mg, Zinc 15 mg, Selenium 20 mcg, Copper 2 mg, Manganese 2 mg, Chromium 120 mcg, Molybdenum 75 mcg, Chloride 72 mg, Potassium 80 mg, Boron 150 mcg, Nickel 5 mcg, Silicon 2 mg, Tin 10 mcg, Vanadium 10 mcg, Lutein 250 mcg & Cyanocobalamin 6 mcg.

Indications

This preparation is indicated for the prevention and treatment of vitamins and minerals deficiencies. As a complete daily nutritional supplement, it is also indicated to meet the increased demand for vitamins and minerals in the conditions like physical and emotional stress, chronic diseases, infection illness, osteoporosis, injuries or wound, surgery, poor digestion, old age, pregnancy and lactation, poor appetite, chronic dieting, exposure to air/water pollution, exposure to radiation, heavy exercise, etc.

Dosage & administration

One tablet daily, or as recommended by the physician.

Contraindications

It is contraindicated in patients with known hypersensitivity to any of the ingredients.

Side effects

Generally well tolerated.

Use in pregnancy & lactation

It should be taken in pregnancy and lactation with prior consultation with doctor.

Precautions

Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in post-menopausal women.

Drug interactions

No such drug interactions have been reported.

Storage

Keep out of reach of children. Store in a dry place, below 25°C temperature and protected from light.

Packaging

Zovia® Gold Tablet 30s: Each container contains 30 Tablets.

Zovia® Gold Tablet 60s: Each container contains 60 Tablets.



Manufactured by
Opsonin Pharma Limited
Rupatali, Barishal, Bangladesh.
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