

Diohes®

Micronized Diosmin + Hesperidin

Composition:

Diohes® 500 mg Tablet: Each film-coated tablet contains Diosmin BP 450 mg and Hesperidin USP 50 mg.
Diohes® DS Tablet: Each film-coated tablet contains Diosmin BP 900 mg and Hesperidin USP 100 mg.

Pharmacology: **Diohes®**, a micronized purified flavonoid fraction, contains Diosmin and Hesperidin, two flavonoids found in many citrus fruits and is widely used to maintain healthy veins, promotes venous flow and supports the circulatory system. **Diohes®** also acts as an anti-inflammatory and antioxidant agent.

Mode of action: Diosmin is a venotropic agent and vasculoprotective compound which increases the capillary resistance of blood vessels, increases vein tonicity and decreases capillary permeability. Diosmin has anti-inflammatory activity related to an inhibition of prostaglandin synthesis. Hesperidin decreases microvascular permeability. It may protect endothelial cells from hypoxia by stimulating certain mitochondrial enzymes, such as succinate dehydrogenase. Hesperidin has also hypolipidemic and anti-inflammatory effects.

Indications: **Diohes®** is recommended for treating venous circulation disorders such as swollen legs, pain and restless legs; treatment of symptoms due to acute and chronic haemorrhoidal attacks.

Dosage & administration: **Diohes®** should be taken at meal time.

Acute Haemorrhoidal Attacks: 3000 mg per day for 4 days, followed by 2000 mg per day for 3 days and 1000 mg daily as maintenance dose for 2 to 3 months.

Chronic Haemorrhoids: 1000 mg daily for 2 to 3 months.

Post-haemorrhoidectomy: 3000 mg daily for 3 days, followed by 1000 mg daily for 4 days.

Pregnancy-induced Haemorrhoids: 3000 mg daily for 4 days, followed by 2000 mg daily for 3 days.

Chronic Venous Insufficiency: 1000 mg per day for 3 to 6 months.

Contraindications: Hypersensitivity to any of the components of this product.

Precautions: *Acute haemorrhoidal attack:* If the haemorrhoidal symptoms do not disappear within 15 days, consult your doctor for advice. *Venous circulation disorders:* The most effective way of giving this treatment is in combination with a healthy lifestyle. Avoid exposure to the sun, heat, excessive standing and being overweight. Walking and wearing special support stockings stimulate blood circulation.

Side effects: Some cases of minor gastrointestinal and autonomic disorders have been reported, but these never required cessation of treatment.

Use in pregnancy & lactation: *Pregnancy:* Experimental studies in animals have not demonstrated any teratogenic effects and no harmful effects have been reported in man to date.

Lactation: In the absence of data concerning the diffusion into breast milk, breast-feeding is not recommended during treatment.

Use In Children and Adolescents: No data found.

Drug interactions: No interaction studies have been performed. However taking into consideration the huge post marketing experience on the product, no drug interaction has been reported to date.

Overdose

No data of overdose has been reported.

Storage: Keep out of reach of children. Store in a dry place, below 25° C temperature and protected from light.

Packaging

Diohes® 500 mg Tablet: Each carton contains 10X3 tablets in blister pack.

Diohes® DS Tablet: Each carton contains 6X5 tablets in blister pack.