

Natal®-16

Multivitamin-Multimineral

Description

Natal® -16 is specially formulated with 16 essential nutrients to provide multivitamin & multimineral support when planning conception, throughout pregnancy and while breast feeding. It is carefully developed by experts so that all ingredients are within safe levels for pregnancy and are moderate rather than excessive. It provides iodine to promote healthy development of baby's brain, eyesight & hearing; provides folic acid that may reduce the risk of brain and/or spinal cord birth defects such as spina bifida if taken daily for 1 month prior to conception and throughout pregnancy. It also provides vitamin D to support calcium absorption to assist with healthy development of baby's bones.

Composition

Natal® -16 Tablet: Each Tablet Contains elemental Calcium USP 59 mg, elemental Iron BP 5 mg, elemental Zinc USP 8 mg, Folic Acid BP 250 mcg, Iodine BP 125 mcg, Magnesium BP 15 mg, Nicotinamide BP 7.5 mg, Phosphorous USP 45.6 mg, Vitamin A USP 3 mg, Vitamin B₁ USP 500 mcg, Vitamin B₁₂ BP 1.5 mcg, Vitamin B₂ BP 750 mcg, Vitamin B₆ BP 750 mcg, Vitamin C BP 15 mg, Vitamin D₃ BP 250 IU, Vitamin E BP 5.2 IU.

Indications

Natal® -16 tablet is for pregnant and lactating mothers. It fulfils the increased demand of nutrients during pregnancy and lactation and thus ensures healthy baby.

Dosage & administration

Two tablets daily with a meal, or as professionally prescribed.

Contraindications

Natal® -16 is contraindicated in patients with a known

hypersensitivity to any of the ingredients.

Side effects

No clinically significant side effects or toxicity are reported with such kind of preparation.

Use in pregnancy & lactation

It is recommended to use in pregnancy and lactation.

Precautions

Do not exceed the stated dose of folic acid. If you have had a baby with a neural tube defect you should seek specific medical advice.

Drug interactions

No such drug interactions have been reported.

Storage

Store in a cool and dry place, protected from light.

Packaging

Natal® -16 Tablet: Each carton contains a pot of 30 tablets.

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Manufactured by
Opsonin Pharma Limited
Rupatali, Barishal, Bangladesh.
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