

# Rymin®

Diphenhydramine hydrochloride

## Description

**Rymin®** is a preparation of Diphenhydramine hydrochloride. It is a well absorbed antihistamine and widely distributed throughout the body, including CNS. It is principally for the treatment of rhinitis, urticaria other allergic conditions.

## Mode of action

Diphenhydramine works by blocking histamine H<sub>1</sub> receptor.

## Composition

**Rymin® 100 ml Syrup:** Each 5 ml contains Diphenhydramine hydrochloride BP 10 mg.

## Indications

**Rymin®** is indicated for the treatment of allergic diseases such as hay fever, allergic rhinitis, urticaria, angioedema, atopic dermatitis, contact dermatitis, gastrointestinal allergy, pruritus, physical allergies, reaction to injection of contrast, reaction to therapeutic preparation and allergic transfusion reactions, also postoperative nausea and vomiting and motion sickness. It is also used for the treatment of certain forms of parkinsonism and certain allergic conjunctivitis. Sometimes it may use as a night time sleep aid and for the short-term management of insomnia.

## Dosage & administration

Children (10 years or over): 6.25-25 mg (1/2 teaspoon-2 1/2 teaspoon), 3-4 times daily

Adults: 25 mg to 50 mg 3 to 4 times daily. or as directed by the physician.

## Use in pregnancy & lactation

Safety for use in pregnancy and lactation has not been established. Its use therefore in such patients should involve consideration of expected benefits and possible risks.

## Contraindications

**Rymin®** is contraindicated for the premature or newborn infants. Hypersensitivity to any of the component of this drug. Asthma attack, narrow angle glaucoma, prostatic hypertrophy, stenosing peptic ulcer, pyloroduodenal obstructions, bladder neck obstruction, patients receiving antidepressant therapy.

## Side effects

Side-effects include drowsiness, dizziness and dryness of mouth, nausea and vomiting. Other infrequently reported effects are vertigo, palpitation, blurring of vision, headache, restlessness, insomnia and thickening of bronchial secretions. Allergic reactions, diarrhea, vomiting and excitation may also occur.

## Overdosage

Antihistamine over dosage reactions may vary from central nervous system depression to

stimulation. Stimulation is particularly likely in children. Atropine-like signs and symptoms such as dryness of mouth, fixed and dilated pupils, flushing and gastrointestinal symptoms may also occur.

## Precautions

Patients should be cautioned not to operate vehicles or hazardous machinery until their response to the drug has been determined.

## Drug interactions

Antidepressants, particularly of the tricyclic and monoamine oxidase inhibitor types may interact with diphenhydramine. MAO inhibitors prolong and intensify the anticholinergic effects of antihistamines. The CNS effect is increased by alcohol and other CNS depressant drugs.

## Storage

Store in a cool and dry place, protected from light.

## Packaging

**Rymin® 100 ml Syrup:** Each PET bottle contains 100 ml syrup.

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