

Zovia® Silver

Multivitamin-Multimineral

Description

This preparation is a comprehensive well-balanced formulation comprising of important vitamins and minerals specially designed for the prevention and treatment of vitamin and mineral deficiencies for adults over 50 years of age.

Composition

Each Tablet contains, Vitamin A BP 5000 IU, Vitamin C USP 60mg, Vitamin D BP 400 IU, Vitamin E BP 45 IU, Vitamin K USP 10 mcg, Thiamine Mononitrate USP 1.5 mg, Riboflavin BP 1.7 mg, Niacin USP 20 mg, Pyridoxine HCl (Vitamin B₆) BP 3 mg, Folic Acid USP 400 mcg, Cyanocobalamin (Vitamin B₁₂) USP 25 mcg, Biotin USP 30 mcg, Pantothenic acid USP 10 mg, Calcium USP 200 mg, Phosphorous USP 48 mg, Iodine USP 150 mcg, Magnesium USP 100 mg, Zinc USP 15 mg, Selenium USP 20 mcg, Copper USP 2 mg, Manganese USP 2 mg, Chromium USP 150 mcg, Molybdenum USP 75 mcg, Chloride USP 72 mg, Potassium USP 80 mg, Boron Ph. Gr.150 mcg, Nickel USP 5 mcg, Silicon USP 2 mg, Vanadium Ph. Gr.10 mcg, Lutein USP 250 mcg.

Indication

This multivitamin-multimineral is indicated for use in improving the nutritional status of people over 50 years of age.

Dosage & administration

One tablet daily with food. Not formulated for use in children.

Contraindication

It is contraindicated in patients with known

hypersensitivity to any of the ingredients. Do not take this product if taking other Vitamin A supplements.

Side effects

Generally, this preparation is well tolerated. Diarrhea may occasionally occur during treatment with beta-carotene and the skin may assume a slightly yellow discoloration. The side effects of Vitamin A are reversible. Vitamin C and Vitamin E may cause diarrhea and other gastrointestinal disturbances.

Use in pregnancy & lactation

It should be taken in pregnancy and lactation with prior consultation with doctor.

Precaution

Long-term intake of high levels of vitamin A (excluding that sourced from beta carotene) may increase the risk of osteoporosis in postmenopausal women.

Drug Interaction

No drug interactions have been reported.

Storage

Store in a cool and dry place, protected from light.

Packaging

Zovia® Silver 30: Each HDPE bottle contains 30 tablets.



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